



Coronavirus/Covid 19 has had a big impact on people's lives.



It has made it more difficult to visit family and friends and to keep in contact with them.



People can feel isolated.



There are some Communication Apps that can help with this.



You will need a smartphone to use them.



You will also need to make sure your family and friends have the same Apps on their phone.

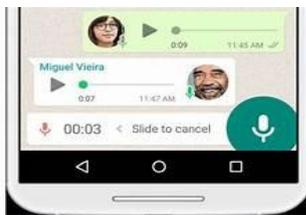
1. WhatsApp:



WhatsApp is a free App you can use on any Smartphone. It allows you to:



Video chat with people



Record and send voice messages



You can get more information at www.whatsapp.com

2. Skype



Skype is a free App you can use on a smartphone, laptop or tablet.



On Skype you can video chat family and friends.



You can also video chat a group of people.



Skype can help you stay connected with family and friends around the world.



For more information visit www.skype.com

3.



Facebook Messenger

Facebook Messenger is a free App that can be used on phones, laptops and tablets.



On this App you can send video messages to your friends and family.



You can also video chat whoever is in your contact list.



You can get more information at www.facebook.com and search for Help Centre

4. Facetime



Facetime is a free App you can use on your phone or tablet.



Facetime can only be used on Apple products like an iPhone or an iPad.

You don't need to install it, it's already on your iPhone or iPad.



You can video chat using this App.



For more information visit www.ifacetimeapp.com



If you don't have a Smartphone, you can still call and text your family and friends.



COVID 19 Easy to Read Guide: **How to stay connected using** **Communication Apps**



You can also chat to your family and friends on the phone about how to install the Apps.