# **OUR HOMES**

Providing Services to People with Intellectual Disability





### 1. What we wanted to know



What is it like for people with intellectual disabilities in Ireland to move home?

### Who we talked to

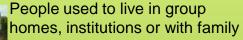


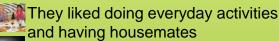
35 people in total 19 men and 16 women

Ages 22-77



## 2. Before Moving





People did not like lack of privacy; feeling lonely; cost of rent and

transport; not feeling free or safe



# 7. Key Points





Don't leave your dreams to others



into homes they choose as soon as possible

People need to get on well with their supporters



People want to make decisions about where to live and how to spend their time.

## 6. Our Homes Book

One person summed up what most people we talked to felt about moving home:

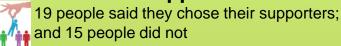
"It is great. I can do anything I want and go places and meet people."

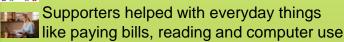
To read our full report please follow this link:

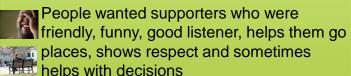


http://www.fedvol.ie/\_fileupload/Incl usive%20Research%20Network/IR N%20Our%20Homes%20Report-%20Final%202015.pdf

## 5. Support







# 3. Moving



18 people chose to move out and chose where to live but 9 had no choice



Some people had to move to be safe



Some people waited a long time to move, up to 20 years

## 4. After Moving 26 people lived in a

supported flat or house; 4 lived with family, 4 in group homes; 1 person in a home with 10 or



more people 29 people liked their new home better



They liked more control in their home; getting to know new people; better design; safer area; closer to friends, shops and places to eat







