



**The Daughters of Charity  
Disability Support Services**



# My Day My Way

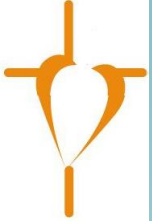
*Moving From Centre Based Day Services  
to  
Community Hubs*

Mary Reynolds  
Manager of Adult Day Services



*The Daughters of Charity have been providing services to people with an intellectual disability since 1892. We have services in Dublin, Limerick and Tipperary.*

*The core values that guide us in our mission are service, respect, excellence, collaboration, justice and creativity.*



# St Vincent's Centre

- St Vincent's Centre provides residential, respite and day services to over 200 people.
- We provide services to people with varying levels of ability across the life span.
- The strategic plan for the DOC 2012- 2016 has new & innovative day services as one of it's key pillars. Part of this plan was designed to look at reconfiguring day services for people with higher support need





# Time to Change



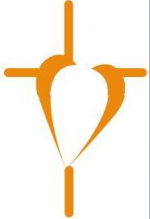


**New Directions** based on the philosophy which allows adults in day services to live a life of their choosing in accordance with their own wishes, aspirations and needs.

The Daughters of Charity Service are committed to working with each person to tailor the programme of supports to their individual needs according to their person centred plan.<sup>1</sup>



<sup>1</sup> New Directions Report, p. 16



## Next Steps Steering Group

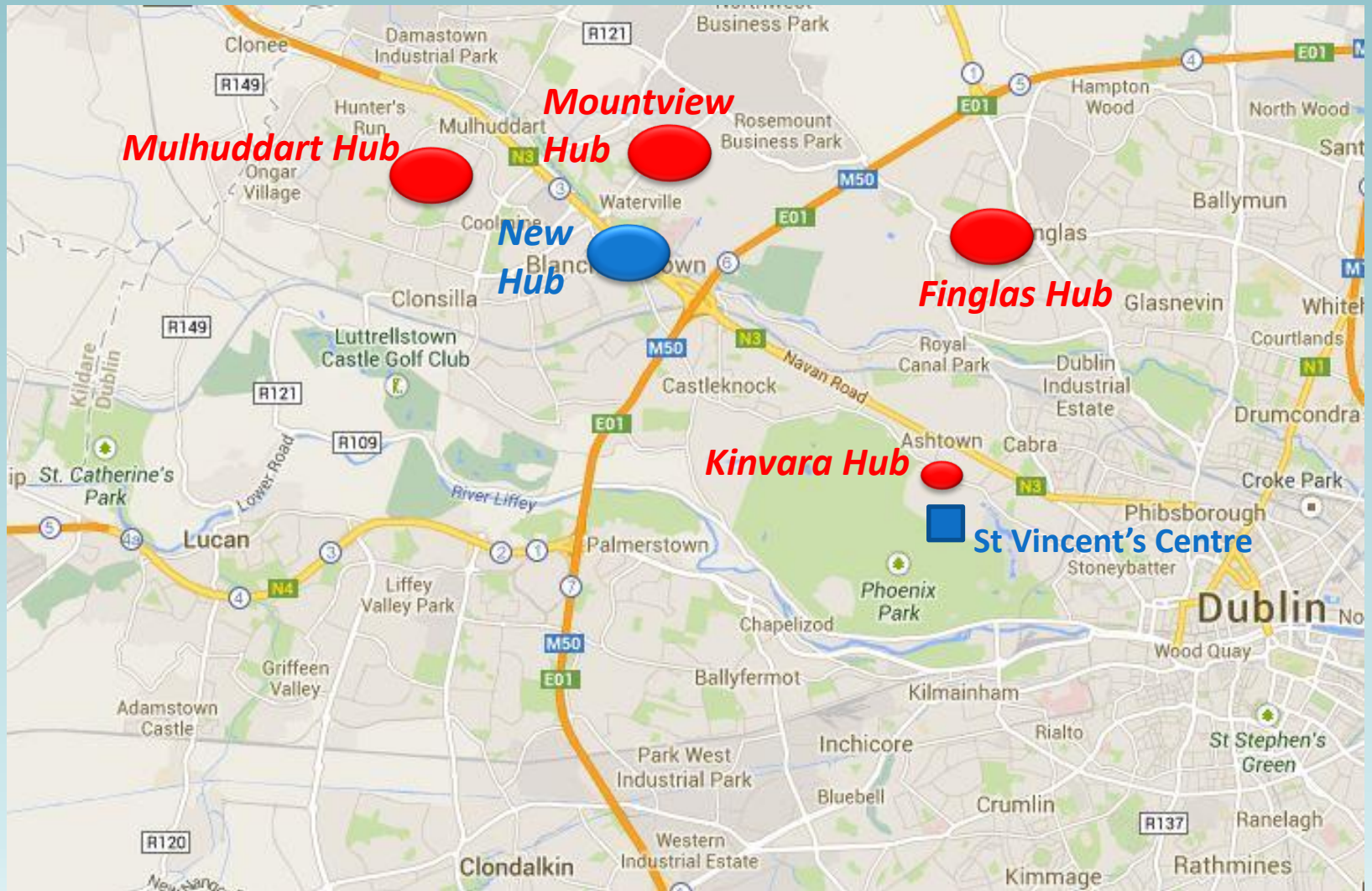
- Daughters of Charity joined the Next Steps group in 2012
- It's a community of shared learning to help members find new and innovative ways of supporting people with intellectual disabilities to live a life of their choosing
- The case study approach has worked really well because it demonstrates success stories in an Irish context that we can relate to
- The support of other members in identifying supports and barriers to the change process has been really helpful
- Peer support from people in other organisations facing similar challenges motivates and keeps the momentum
- Report being required every 2 months keeps us on track and focussed on goals and what we are trying to achieve



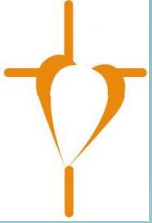
# DVD demonstrating how one community hub operates







Google Maps



# With Change Comes Challenges





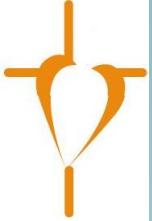
## Some of the Challenges

- Finding suitable locations for Hubs
- Cost factors of renting/leasing
- Using public transport
- Finding meaningful roles in the community
- Higher staff supports needed
- Risk taking
- Fears of families



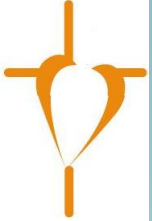
# With Change Comes Opportunities





## Some of the Opportunities

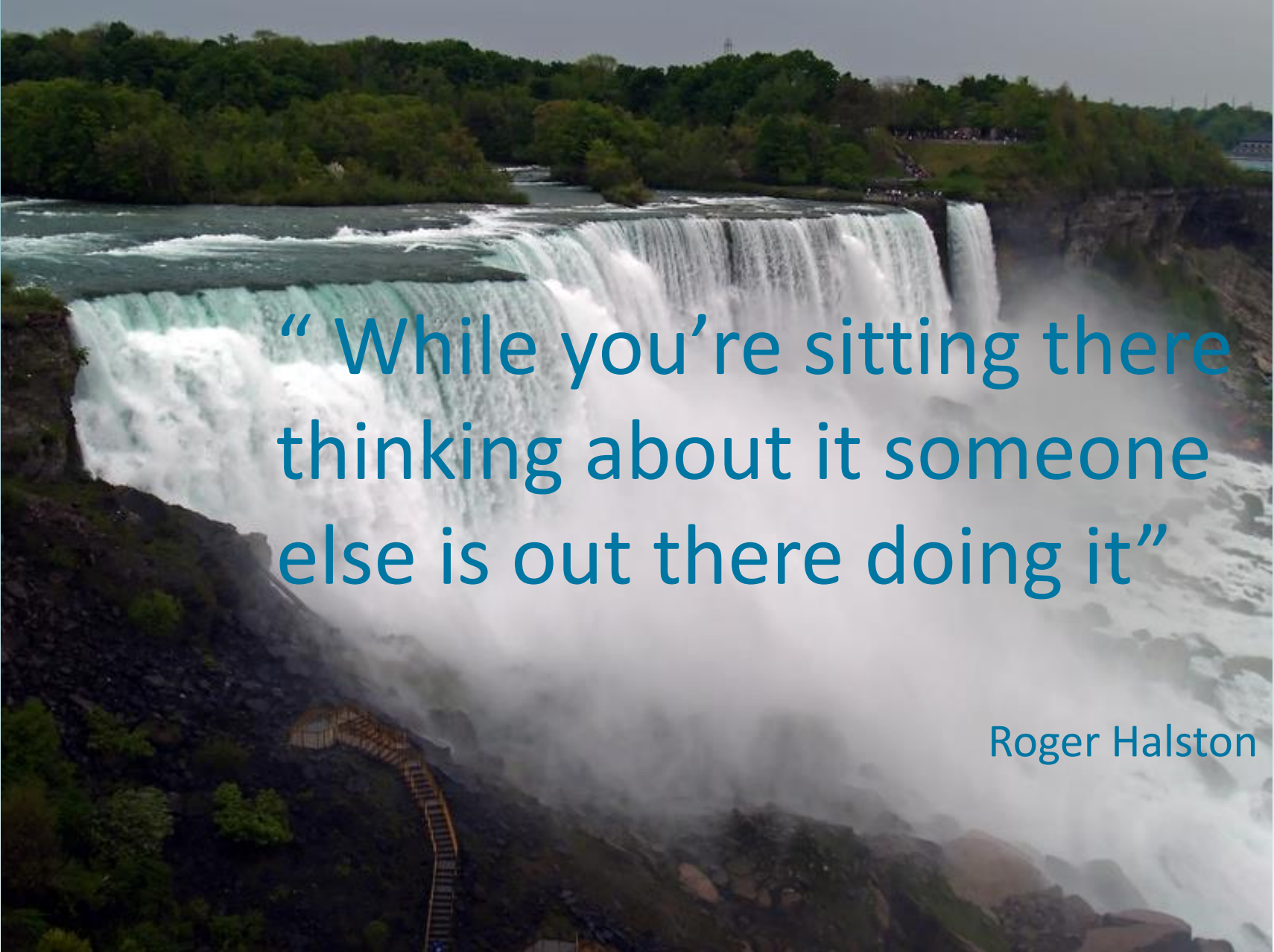
- Meaningful engagement with others in the community
- Volunteers
- Networking
- Having a valued social role
- Active lifestyle contributing to good health
- Increase job satisfaction as more autonomy & control



# Vision for the future

- One person at a time
- Building capacity
- Finding meaningful social roles
- Working with families, communities and the HSE to make it happen





“ While you’re sitting there  
thinking about it someone  
else is out there doing it”

Roger Halston



Thank you to everyone who agreed to take part in the video especially:

Sarah Jane

Adam

Richard

Bryan

Christine

Katie

Siobhan

Philip

Ann

Pamela

Paul



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