



# AT & Me

BY SHELLY GAYNOR

# My Background

- ▶ I have cerebral palsy (CP) quadriplegia as a result of premature birth meaning all four of my limbs are affected and I am a full time power wheelchair user.
- ▶ I live independently with the assistance of Personal assistants
- ▶ I am very active on community issues ie the Right To Water
- ▶ I am board member of Carmichael Centre for Independent Living (CCIL)
- ▶ I am a disability campaigner for a number of years,
- ▶ I have been involved in many high profile campaigns
- ▶ 2012 Over night sleep outside Government buildings,
- ▶ 2013 with the Mobility Allowance and motorised transport grant
- ▶ 2015 72 hour sit out the Dail to increase more spending to disability services.
- ▶ Consultant AT Expert user adviser with Enable Ireland since 2014.
- ▶ 2018 started my own company shellyonwheels CLG operating my own pa service

# My turbo





# My first pieces of

- ▶ a Trackball with drag-lock feature
- ▶ Alphasmart
- ▶ Mini keyboard

# My AT NOW



- ▶ Housemate
- ▶ Projection clock
- ▶ Mini keyboard
- ▶ Trackerball

# VIDEO TIME

<https://www.facebook.com/rtenews/videos/1464972086865122/>

