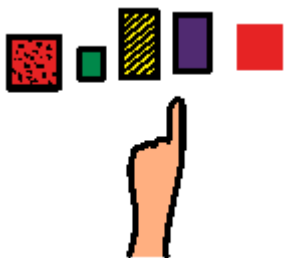
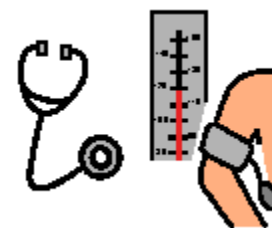


# Building Capacity to Make Decisions About Health Care Needs

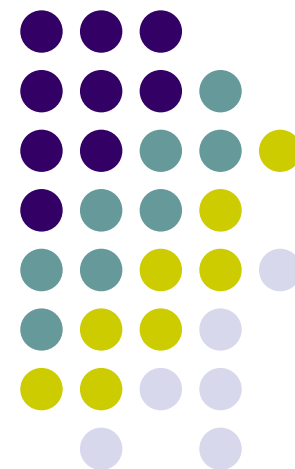


**Deciding**

**about**

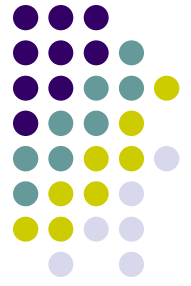


**health**



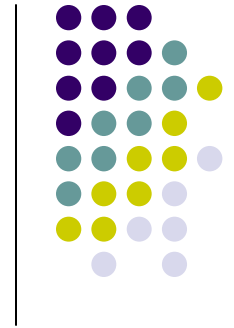
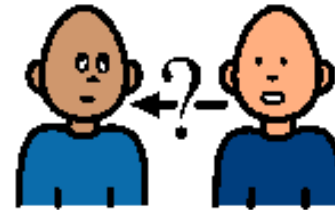
Ann Mahon, Mary Davis, & Aisling Dolly  
Brothers of Charity Services Galway

# Members of the Research Group



- Dr. Mary Davis, Principal Clinical Psychologist
- Ms. Aisling Dolly, Speech and Language Therapist
- Ms. Ann Mahon and Persons Using Services Council Members
- Dr. Mary Keys, School of Law, NUI Galway
- Dr. Hazel Moore, Senior Clinical Psychologist
- Ms. Mary Clare Sutton, Assistant Psychologist
- Mr. Maurice Healy, Clinical Nurse Specialist

# Why this Project?



- Feedback from Person's Using Services Council to Senior Management at BOC Galway



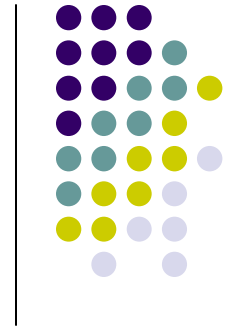
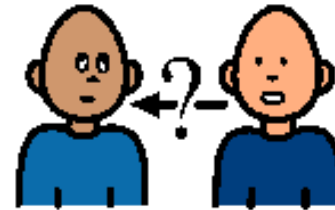
- Report by the Irish Human Rights Commission



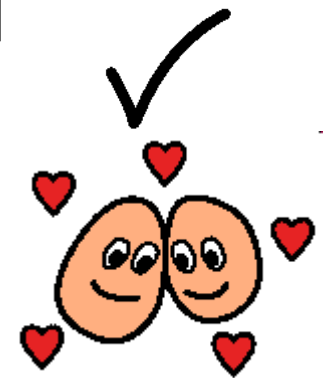
- Status of Capacity Law in Ireland



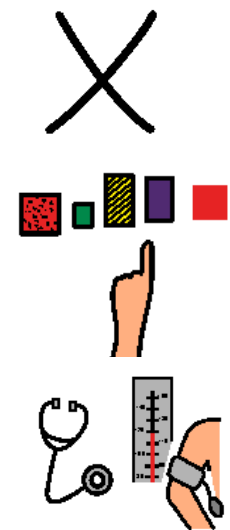
# Why this Project?



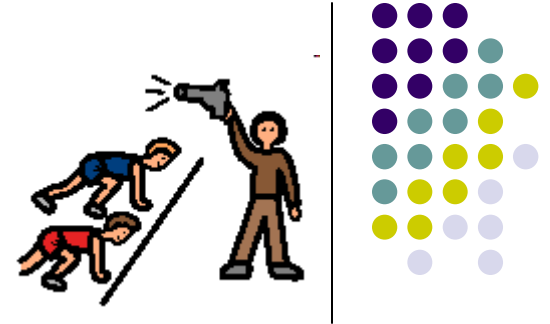
- Work done in the area of sexuality and personal development shows that capacity building is possible (McGuire and Dukes, 2009 )



- Lack of guidelines in how to support people to build capacity in the area of health care decision making

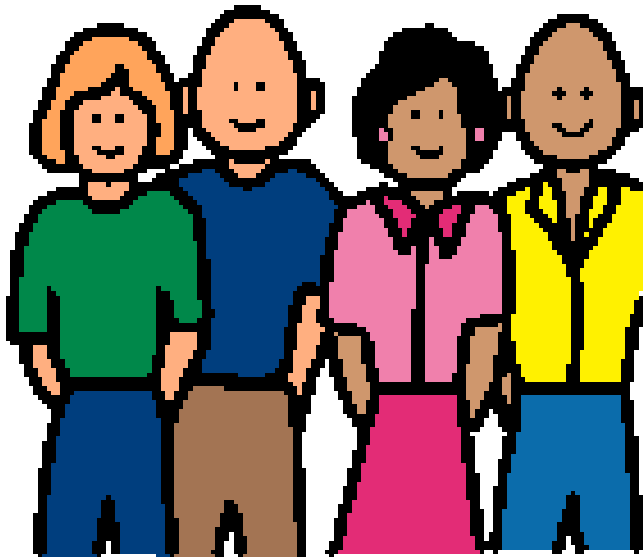
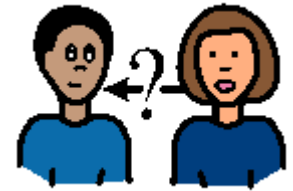


# How the Project Started

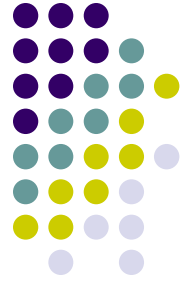


- Meeting with the Person's Using Services Council (Ann Mahon)

**ASK ME**



# How the Project Started



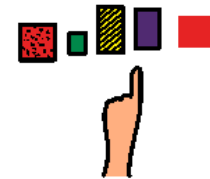
- My Experience (HELP ME)



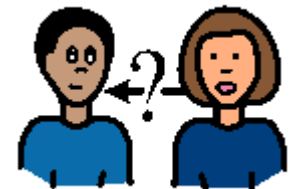
# How Project Started



- Being Responsible about Decision Making (Ann Mahon)
- Take home message:



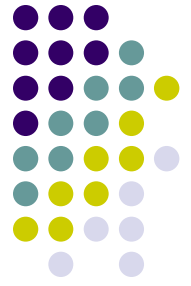
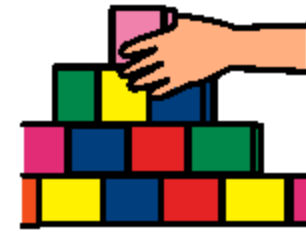
*ASK ME*



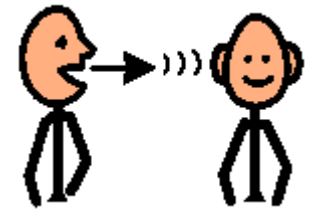
*HELP ME*



# How to Build Capacity?

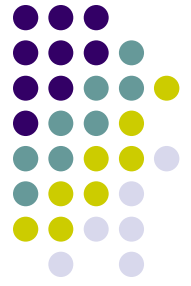
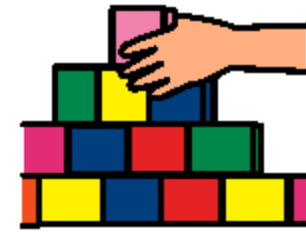


- Communication : What works best for the person
- Total Communication Approach advocates that all modes of communication be made available to the person

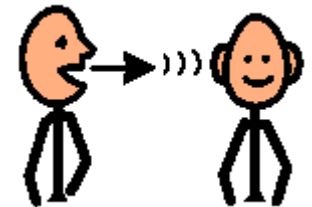




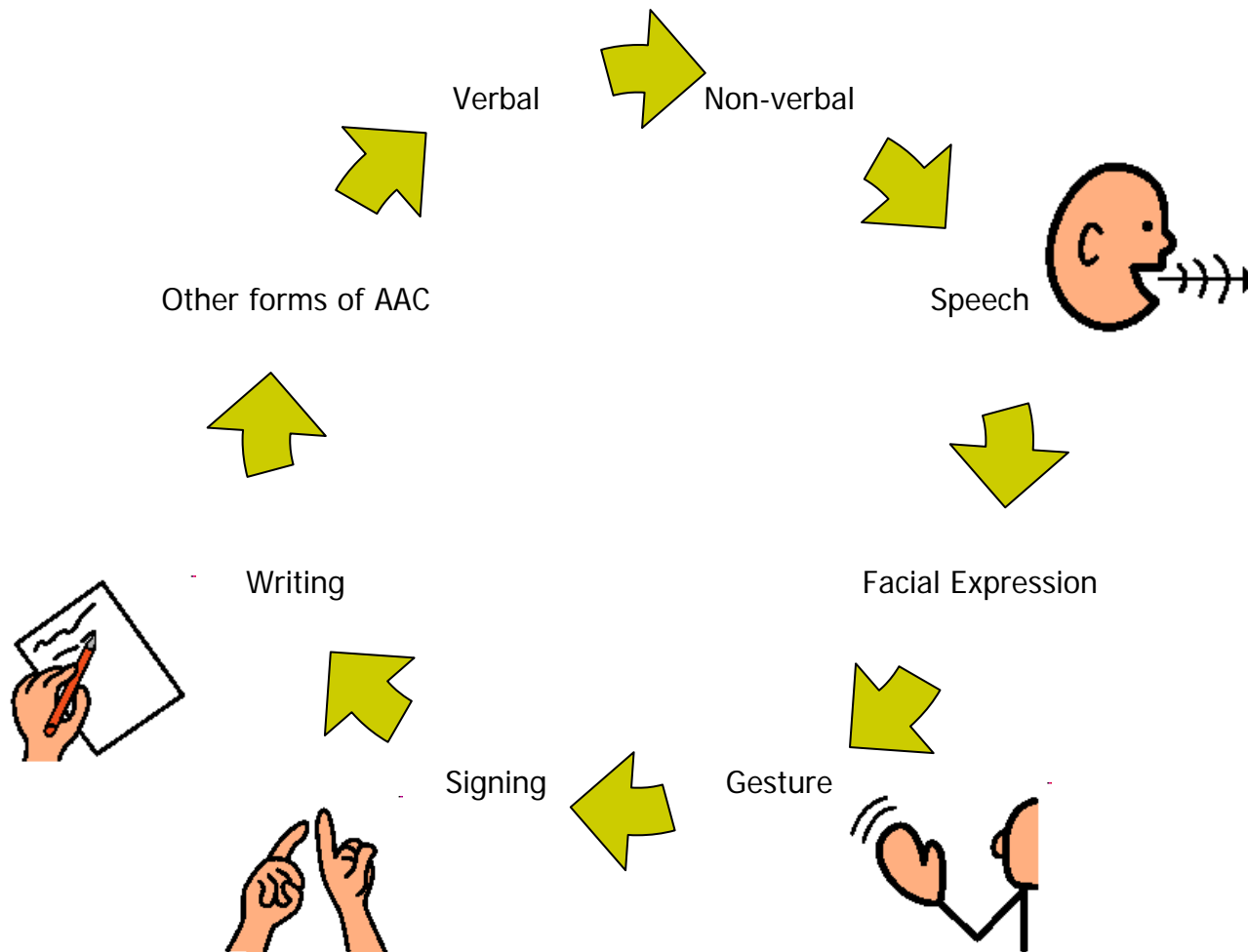
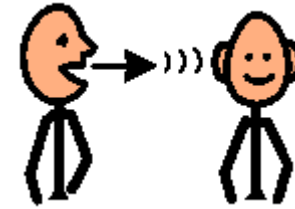
# How to Build Capacity?



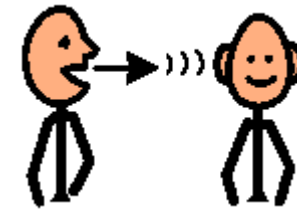
- Using the Communication Assessment Profile (CASP)
  - Looks at Understanding and Expression within the Total Communication Approach
    - Speech; Signing – gesture
- Informal Observation – captures subtle but critical communication methods such as person's use of pantomime



# Total Communication Approach

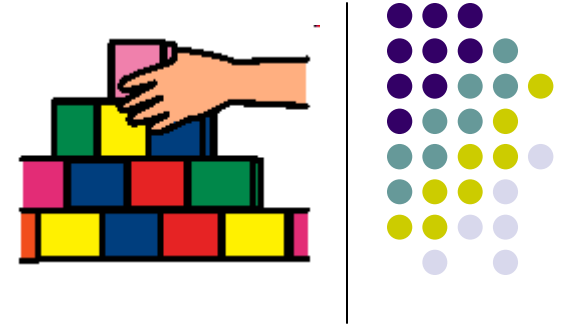


# Total Communication Approach



- All aspects of the project were adapted based on each person's optimal communication approach from the approach used to obtain informed consent to the areas of:
  - Understanding
  - Appreciation
  - Reasoning
  - Expressing a choice

# Building Capacity to Visit Dentist



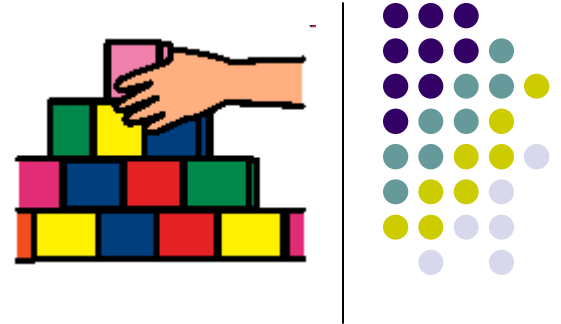
- An individualised approach was used with each participant based on the total communication approach.



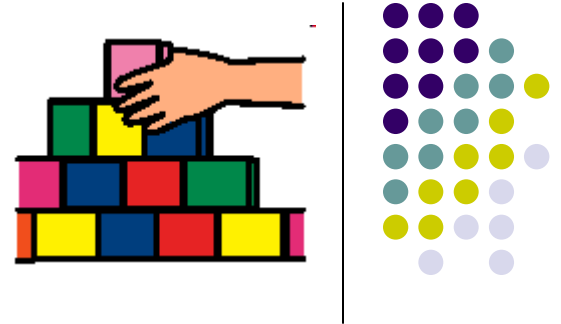
- Some people clearly benefited from an approach which used pictures to support and build their decision making capacity



# Building Capacity to Visit Dentist



# Building Capacity to Visit Dentist

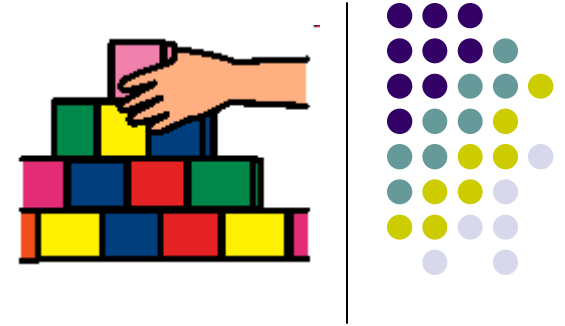


- Adapted the MacArthur Competence Assessment Tool – Treatment (MacCAT-T)

## ***Appreciating a visit to the dentist***

Giving information about treatment need (dentist visit) and how treatment could be beneficial

# Building Capacity to visit Dentist



## Unadapted MacCAT-T Item

“Now that is what we think is the problem (dirty teeth). If you have any reason to doubt that I’d like you to tell me so. What do you think?”



## Adapted MacCAT-T item

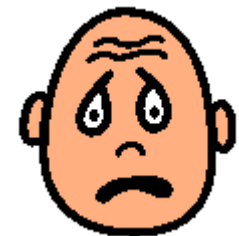
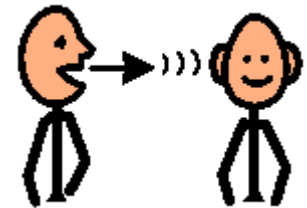
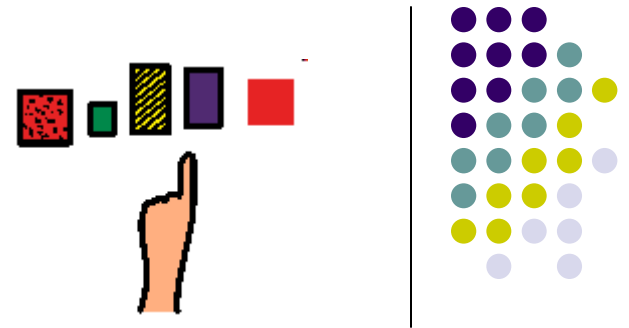
- Do you sometimes have dirty teeth?



# Factors that can affect decision making (multiple)

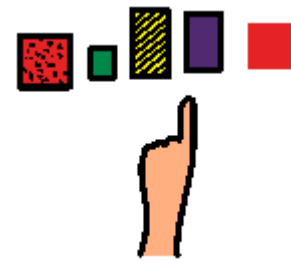
*For example:*

- Communication style of the person
- Memory
- Anxiety about going to the dentist
  - Factored in dental related anxiety for each person tailoring how this information was obtained using the Total Communication Approach.

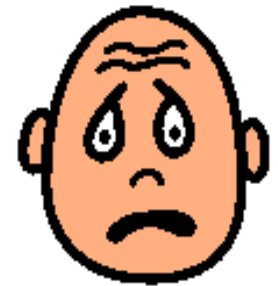




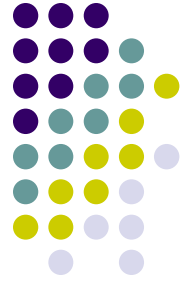
# Factors that can affect decision making



- Corah's Dental Anxiety Scale
  - Looks at level of anxiety/worry that a person has about going to the dentist.
  - If anxiety/worry is high it can affect a person's ability to make a decision about going to the dentist as it can be an overwhelming factor
  - Working to help lower anxiety/worry levels about going to the dentist can help a person better make a decision about whether or not they wish to get their teeth checked.



# What we found?



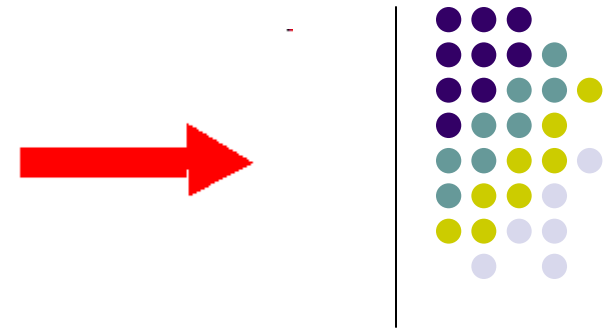
- Participant John



- Participant Sarah



# What Next?



- GENIO Application Submitted



- Development of a manual – a practical guide to support people

- Practical guides that can be used when the new Capacity Legislation is available

